



MH L!

Monitor Healthcare Limited



# OUR DIVERSE ACTIVITIES AND IMPACTS MADE IN 2023



CREATING AN ENVIRONMENT FOR PROMPT, QUALITY AND AFFORDABLE HEALTHCARE





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# 2023 IN VIEW - OUR IMPACTS IN NUMBERS

**10,248**

Number of people that engaged in our **ADVOCACY**

**3**

Facility **improvement**

**14,682**

Number of people trained on **QUALITY IMPROVEMENT**

IG @monitorhealthca

**335**

Number of clients' encountered via **AreaDoc**

**9,598**

Impact in **MEDICAL OUTREACHES**

**715**

Number trained on **CPR in SCHOOLS**

www.monitorhealthcare.com

**1,542**

Number of Students **Screened**

**1,758**

Number of people trained on **RESUSCITATION and FIRST AID**

**30**

**DEVICES SOLD**



# About MHL

## Our Vision

To create an environment where every individual across Africa and Nigeria in particular can access prompt, quality and affordable healthcare services always irrespective of their social-economic class

## Our Mission

We continuously seek to partner and empower local and international stakeholders to fill gaps noted in the healthcare delivery system leveraging on technology

Monitor Healthcare Ltd (MHL) is a multi-award-winning medical education and health promotion company. This organization was established to facilitate learning and improve performance by using innovative technology and resources with an amazing track record over the years.

Working with our partners over six years in Nigeria and across the globe, we have been able to make a difference in the areas of medical technology, pharmaceutical, medical media, training, screening by building quality and improving healthcare service delivery.

At MHL, our aim is firmly placed around reducing the high mortality rate in Nigeria and health inequalities. As we work hard to achieve our vision, we also aim to deliver our services in a professional manner, keeping high standards of service, ensuring users comfort and maintaining confidentiality always.

We are working with various partners locally and internationally. Some of our partners and collaborators include: FHS Nigeria Ltd, Axa Mansard, NCDC, FMC Ebute Meta, National Orthopaedic Hospital Yaba, NMA, PSN and more.

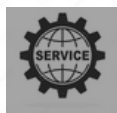
For more visit  
[www.monitorhealthcare.com](http://www.monitorhealthcare.com)





## OUR CORE VALUES

- ◆ Service (prompt)
- ◆ Professionalism
- ◆ Accountability
- ◆ Creativity
- ◆ Excellence



**Prompt Service:** We are committed to a customer-centric approach by ensuring timely responses, quick issue resolution, and efficient delivery of healthcare solutions. At Monitor Healthcare, we implement streamlined communication channels, setting realistic service expectations, and employing effective methodologies to adapt to evolving needs promptly.



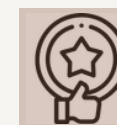
**Professionalism:** Upholding the highest standards of ethical conduct, integrity, and interpersonal skills in all interactions within and outside the organization. Establishing and adhering to a comprehensive code of ethics, providing ongoing ethics training, and fostering a corporate culture that values honesty, transparency, and accountability.



**Accountability:** Taking ownership of actions and decisions, ensuring transparency in communication, and learning from experiences to continually enhance service delivery. Implementing robust tracking and reporting mechanisms, conducting regular performance reviews, and establishing a culture that acknowledges mistakes as opportunities for growth while emphasizing the importance of individual and collective accountability.



**Creativity:** We intentionally cultivate an environment that encourages out-of-the-box thinking, innovative problem-solving, and the exploration of novel approaches in the services we offer. We encourage brainstorming sessions, promoting cross-disciplinary collaboration, and allocating resources to research and development to facilitate our stay at the forefront of innovative healthcare technology.



**Excellence:** At Monitor Healthcare, we pursue a culture of continuous improvement and setting a benchmark for superior quality in healthcare services and products we offer. We believe in establishing rigorous quality control measures, investing in ongoing employee training and development, and fostering a mindset that embraces challenges as opportunities for improvement.



## About Our CEO

Dr. Femi Ogunremi is a Medical Practitioner, a serial Entrepreneur and a Medical Educator. He is the Founder CEO of Monitor Healthcare Limited (MHL)

He has over 26 years of clinical and management experience in the health sectors both in Africa, Europe and United Kingdom. He has a professional background in General Practice, Public Health and Emergency Medicine. He has worked with NHS England for over 16 years in various roles ranging from as a Junior Doctor to becoming a Medical Director for two Designated Bodies under NHS England and as a Responsible Officer for GMC revalidation purpose in the UK. He works as Medical Appraiser and Medical Educator training at various capacities. During his working days in the UK, Dr. Ogunremi also trained and worked as a Police Surgeon in Lincolnshire County. He was also part of a group that wrote Masters Curriculums in some Universities in the UK.

His primary medical training was at University of Ilorin, Nigeria and postgraduate trainings in Republic of Ireland and the United Kingdom. Dr. Ogunremi holds a Diploma in Executive Leadership in Healthcare at Cornell University in the US.

He is passionate about quality of care delivery in Nigeria. He worked with partners (UKMi, Royal Pharmaceutical Society, Pharmaceutical Press, Pharmaceutical Society of Nigeria) to launch the first Medicines Information Centre in Africa in Lagos. He worked with the Medical Director in FMC Ebute Meta to commence the renovation in FMC Ebute Meta. He has works tirelessly to build a sustainable Breast Cancer Screening service across Africa using a simple battery-operated infrared ray emitting device called BREAST-i. His team has screened thousands of ladies across Nigeria.

He is a member, diplomate and Fellow of various professional associations and bodies including Higher Education Academy in the UK, Royal Society of Public Health UK, Faculty of Family and Sexual Health, Royal College of General Practice, Diplomate of Tropical Medicine Royal College of Surgeons in Ireland, amongst others.

He has won various honors and excellent awards including Lagos State Honours Award, International Honours Award in University of Wolverhampton, Medical Innovative Award in the UK 2018 and National Outstanding Leadership Award 2019. Just recently, Dr. Femi Ogunremi was nominated as an Honorary Professor in Academic Union at Oxford United Kingdom.

# MEET OUR AMAZING PROJECT TEAM



I am Ifeyinwa Okeanyaego Courtney, Project Manager at MHL. I started this rollercoaster journey with MHL in January of 23'. Really amazing how time flies, the year has run by in a flash and I can only be grateful for the outcome. There have been challenges obviously as it is a new working environment and I have met new people, incredible characters I must say, I am thrilled to have crossed paths with them. Dr Femi is a special type of Boss. He would push you to do things you never believed you can do and guide you through it, not in the best way you at the time think is possible but the outcome is always better than expected.

As the PM, I plan all the projects and guide others on daily basis. My team members albeit from different backgrounds all have their strengths and weaknesses, their strengths are what makes the job better to bear and our weaknesses is what makes us humans. The nature of our organization's services means we have to be fluid so my challenges at work has to be the times when the projects come back to back and we must deliver, we have to be flexible and jump all hurdles, failing is not an option and so this has to be My biggest challenge because I am at the centre. My best moments in MHL are so numerous that I can't recount them. It is safe to say that 2023 was a learning curve and I am happy to have done it with this Team.



Being a project supervisor with Monitor Healthcare for just over one month has been an experience- albeit exciting, challenging and always aiming for improvement.

As a Project Supervisor just starting I've worked with the project manager to lead our team, set goals, map out plans for our projects and made sure everyone worked together smoothly while I acclimated myself with my new Workspace.

Every journey has its tough part and this isn't an exception- Managing projects. As a newbie at Monitor Healthcare my major challenge is trying to figure out the core values of Monitor Healthcare and how it translates in service delivery, project management and customer relation. Also getting used to this new work climate.

My goal is to create a workspace where everyone's idea matters, encouraging both professional and personal growth. I want our team to embrace challenges, celebrate victories and always be ready for new opportunities.

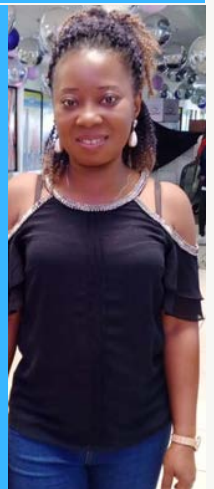
Looking back, I see that better communication is key. I intend to improve my communication skills with my team members and also use tools and CRMs that are productivity driven with my team members in order to foster seamless collaboration.

In summary, being a project supervisor is a continuous adventure. Challenges push us forward, goals guide us and improvement refines our paths. With my hardworking team we're not just going through projects - we're being led into success, one project at a time. ~ANASTASIA

My name is Maria Ogbu.

I work as a Client Executive in MHL. I interphase with our clients and support with the company administrative roles.

It has been a great experience learning and working with this great team!



It's my pleasure working with MHL as a volunteer Nurse. I am now more experienced in breast and cervical screening with breast-i and the use of acetic acid in the right proportion for the screening of cervical cancer respectively.

Thanks to the MD he is such a person that will make you concentrate and know what you are doing, hence the good results. I wish you all merry Christmas and a happy new Year in advance.



I am Cecilia Ogunlusi.

My role in MHL is as a Client Executive in Ilorin branch and some of my day to day activities involve: Helping with Data Analysis, advocacy on Non-Communicable Diseases. I also help in product awareness and marketing. I appreciate the great opportunity

My name is Adeniken Temitope Rachael, i have been working with MHL for 3 years As a volunteer if I'm not mistaken, and there has been no regrets.

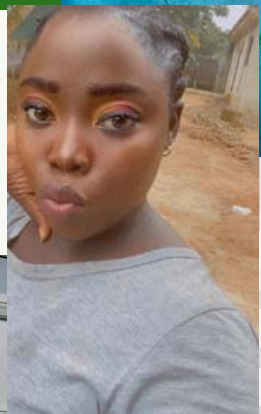
I remembered when I went to one of the schools in Ebute-meta to do a dental checkup on the children as volunteer under MHL, it broadened my knowledge, gave me a wide insight on my job as a dental nurse and also improved my skills. There are other projects I have worked on with MHL this year which have always been a success because of the availability of the materials needed to execute the job, and also the friendly and competent staffs of the Monitor Healthcare Limited.

I pray God bless the CEO and the staff, make big projects come the company's way Amen.

Merry Christmas and happy New Year in advance

My name is Mohammed Fathiu Taiwo aka Lolu, my time with Monitor Healthcare Limited began in May, 2023 as a corp member and it has been an invaluable experience till date. As a company that specializes in providing healthcare solutions, I was able to gain practical knowledge and hands-on experience in the healthcare industry, while also contributing to the company's efforts in delivering quality services to its clients.

My time with Monitor Healthcare Limited as a corp member is a valuable and formative experience. I was able to learn from experienced professionals, gain practical knowledge, and contribute to the company's objectives. This experience has further solidified my interest in pursuing a career in the healthcare sector and has equipped me with the skills and understanding necessary to make a positive impact in the industry. I am grateful for the opportunity to being a part of the Monitor Healthcare Limited team and look forward to gathering more knowledge and insights in the future.



# OUR SERVICES

## ADVOCACY

## FACILITY MANAGEMENT

## TRAININGS

## AREADOC mHEALTH

- mHealth service
- Chat a doctor
- Prescription and delivery
- Home visit
- Medication review
- Book and review for investigation at home

## SCHOOL HEALTH

- CPR in Schools
- First Aid training in Schools
- Eye Screening
- Dental Screening
- Deworming
- Advocacies in Schools

## HEALTHCARE QUALITY IMPROVEMENT TRAINING 1

- Quality Improvement
- Clinical Governance
- Infection Prevention and Control
- Ethics in Healthcare
- Patient-Centered Care
- Occupational Health

## SCREENINGS

- Breast
- Cervical
- Prostate
- Cardiovascular
- Eye screening
- General or Annual Health screening
- Blood work up and review

## RESUSCITATION TRAININGS

- Basic Life Support
- Immediate Life Support
- Advanced Life Support
- Paediatric Immediate Life Support
- Basic Trauma Life Support

## HEALTHCARE QUALITY IMPROVEMENT TRAINING 2

- Manual Moving and Handling
- Duty of care
- Communications Skills
- Emotional Intelligence
- Privacy and Dignity in Care
- Team Building



# MHL TRAININGS

## QUALITY ASSURANCE TRAINING

Our quality assurance/improvement training is a MUST for all healthcare facilities. It is targeted towards healthcare organizations and workers. Our packages differ for organizations depending on needs assessment of each organisation.



Before training, a quality assessment visit is carried out by our team to determine organisations needs and on the bases of this, we suggest suitable modules.



Topics such as; Patient Centered Care, Clinical Governance, Infection Prevention and Control, Empathy, Interpersonal skills, Information Governance, and more are covered

**In 2023, we have trained and impacted 14,682 clinical and non-clinical staff in Nigeria healthcare.**



We hope to impact more lives next year.



# RESUSCITATION TRAININGS

Our resuscitation trainings include: Basic Life Support (BLS), Immediate Life Support (ILS), Advanced Life Support (ALS), Pediatric Immediate Life Support (PILS), Emergency Response Training (ERT) and Basic Trauma Life Support (BTLS).



Our most frequently enrolled training is the basic life support training for both non-healthcare workers and healthcare workers. The training prepares you to carry out effective CPR, use defibrillators safely and how to help choking victims.



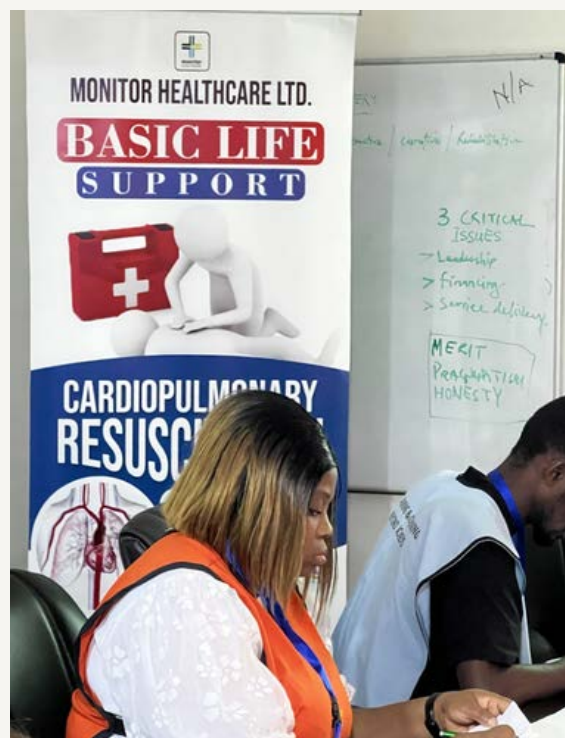
We work with organizations, schools, estates, religious organizations etc to build a strong CHAIN OF SURVIVAL by training and putting plans in place where people survive collapses rather than dying.

**START SAVING LIVES TODAY & YOU'LL BE GLAD YOU DID!**



Our trainings are certified by European Resuscitation Council and the certificate is valid for 3 years and where relevant, the content of training courses have been verified as aligning to the European resuscitation council core skills and guidelines.

**We have trained 1,758 persons in 2023!**



## OUR Basic Life Support Training

Monitor Healthcare has made available another opportunity to train individuals in Basic Life Support. Individual will learn the techniques to save lives when it matters - during collapses, choking, drowning and emergency situations!



## BASIC LIFE SUPPORT WITH EUROPEAN CERTIFICATION

This certification is recognized & valid for 3years. And where relevant, the content of training courses have been verified as aligning to the EUROPEAN RESUSCITATION COUNCIL core skills & guidelines.

Our BLS program prepares you to do CPR and other lifesaving procedures, lowering the number of unnecessary deaths around us.

**START SAVING LIVES TODAY & YOU'LL BE GLAD YOU DID!**

[REGISTER NOW](#)



# BLS/CPR TRAINING IN SCHOOLS



SCHOOL HEALTH is a part of MHL that was borne of true love, true love for teaching, we wanted to involve children, Children who would someday become lifesavers.

MHL went and did the impossible, starting from Lagos state, we sent letters and visited over 50 secondary schools, **we were in Kwara State and Oyo State!** Overall, we have sensitized and trained 715 students, making them CPR Ambassadors

You can email us:

[schoolhealth@monitorhealthcare.com](mailto:schoolhealth@monitorhealthcare.com), register pupils, your children, children in your estate, children in your place of worship, children in your children's schools or sponsor a child or a school.

**Let's join hands and make this dream of MHL to make 20,000 children under the age of 18 lifesavers before the year 2025.**

## 1. CPR TRAINING AT MEDINA SCHOOL OYO STATE



## 2. CPR TRAINING AT THE FORESHORE SCHOOL LAGOS STATE



### 3. CPR TRAINING FOR SCHOOLS IN KWARA STATE



In collaboration with partners, we trained 125 students and 22 teachers in Kwara State on the 12th of December 2023. The training involved selected students from 11 schools across the state. The aim of the training was to equip students with life saving skills to perform CPR effectively, teaching them to recognize cardiac emergencies as well as other life threatening emergencies and how to respond quickly, building confidence and improve understanding for students to act decisively in emergency situations and facilitate community engagement initiatives by encouraging students to share their knowledge and skills with others in their communities.



### 4. CPR TRAINING AT ATTWOOL SCHOOL LAGOS STATE






## CAREGIVERS TRAINING


### PLANNING TO TRAVEL ABROAD TO STUDY?

Take the opportunity with our learning scheme to learn core competencies required to work in healthcare space.



Enroll Now

Call 0903 222 5052



monitorhealthca

In 2023, we have trained 44 persons, 18 years and above to become CPD UK certified caregivers. ***Our caregiving training is certified by CPD UK and students traveling abroad for postgraduate degrees have taken advantage of this scheme to aid getting a job as carers while studying.***

This training can be done by any adult regardless of their educational background or prior knowledge of healthcare job. It teaches students core competencies required to work in healthcare spaces in developed countries.

There are 20 modules to be covered within 4 days and a reflective diary assessment, to be completed before certification.

With the certification, participants are able to seek caregivers job in hospitals, healthcare facilities, Nursing homes, Geriatric Homes, Home Care Service and any other area that requires an assistant in health and social care.

It is a 4-days intensive training which could be done physically or virtually with an additional optional 1 - day physical Basic Life Support training certificated by European Resuscitation Council.

For more detailed information on our healthcare assistant training, kindly visit <https://monitorhealthcare.com/hca-training/>

# DFO MASTERCLASS SERIES

Dr. Femi Ogunremi (DFO) monthly MasterClass series flagged off in May 2023. The DFO series was started as a highly subsidised CSR project to contribute to quality improvement in Nigeria healthcare system. This is an online training for healthcare providers to teach and share experiences in Quality Improvement. The cost per participant was subsidized heavily to give everyone the opportunity to attend and learn. So far, 7 series have been carried out and over 400 health care personnels! however our target is to provide equitable opportunity for all healthcare providers across Nigeria. This project has been so impactful with positive feedbacks as seen on our google page.



## FIRST AID TRAINING

Accidents happen often when they are not expected. Such can be an injury or illness. Usually, what is done immediately following the injury determines the longstanding effect of the accident. First aid is the initial assessment and intervention that is given to victims following such injury or illness to prevent suffering and reduce further damages or disability.

An emergency situation calls for first aid intervention by a trained and possibly certified first aider. This may occur at workplaces, homes, communities or even at a social gatherings.

We offer First Aid training tailored to specific needs by our clients. We have diverse packages and hands on activities to build confidence and offer appropriate knowledge to our participants.

Some of the training course outline:

- Definition of first box
- First aid box and the contents
- Setting up your first aid
- Accessing a victim
- Prioritization of cases
- Accessing the scene
- Illnesses and first aid
- Types of accidents
- Electrical accidents
- Types of injuries
- Burns and Scalds
- Fractures and first aid
- How to handle sprain and strain
- How to perform CPR
- How to handle trauma
- Safety precautions
- Choking and first aid
- Bites and stings
- Moving, handling and transporting of casualties



**MONITOR HEALTHCARE LTD.**

# FIRST AID TRAINING

294A Surulere Way Dolphin Estate Ikoyi Lagos

09060938874, 08065998554, 09032225052

@monitorhealthca

info@monitorhealthcare.com

TUESDAY 23RD JAN. 2024

TUESDAY 16TH APRIL 2024

TUESDAY 20TH AUG. 2024

TUESDAY 10TH DEC. 2024

The course covers everything from the initial treatment of the casualty through to the transport of the casualty to hospital. Our training equips trainees with the skills and confidence needed to act in common emergency situations. Completion of this course qualifies you as a trained first aid person with a certificate issuance as a First Aid Provider.

**Secure your slot or that for your organisation by contacting the numbers on the flyer.**

**BECOME A CERTIFIED FIRST AIDER TODAY!**

## OUR DEVICES

Apart from our track record and impactful trainings and medical screenings, we also, outsource and distribute quality medical devices such as Screening devices, Defibrillators (AEDs), Mannequins and Pocket Mask.

For more information call 09035780321



# FACILITIES RENOVATION SERVICE AND COMMUNITY ENGAGEMENT

Healthcare facility in some institutions are in pathetic conditions and can be sources of hospital acquired infections hence reducing the quality of care delivery in such institutions. MHL has embarked on healthcare facility renovation and support for various institution to improve quality of care and enhance delivery. Here is one of our flagship facility renovation projects where we transformed a Federal Government hospital general medical ward to a world class standard ward – pictures before and after.

**At Monitor Healthcare Ltd (MHL), our goal is to make available affordable quality healthcare to all anywhere and anytime. To achieve this, we work with various stakeholders.**



**SAMPLE OF EPOXY FLOORING**

**BEFORE RENOVATION**



Our aim in Healthcare facility renovation is to improve quality by creating a healthcare environment that is safe, free of infection and up to the international standard. We believe this will aid our core goal to reduce mortality and morbidity in our society. A few of our work is showcased on this page.

Visit [www.monitorhealthcare.com](http://www.monitorhealthcare.com) for more .

**AFTER RENOVATION**





# AREADOC MOBILE HEALTH

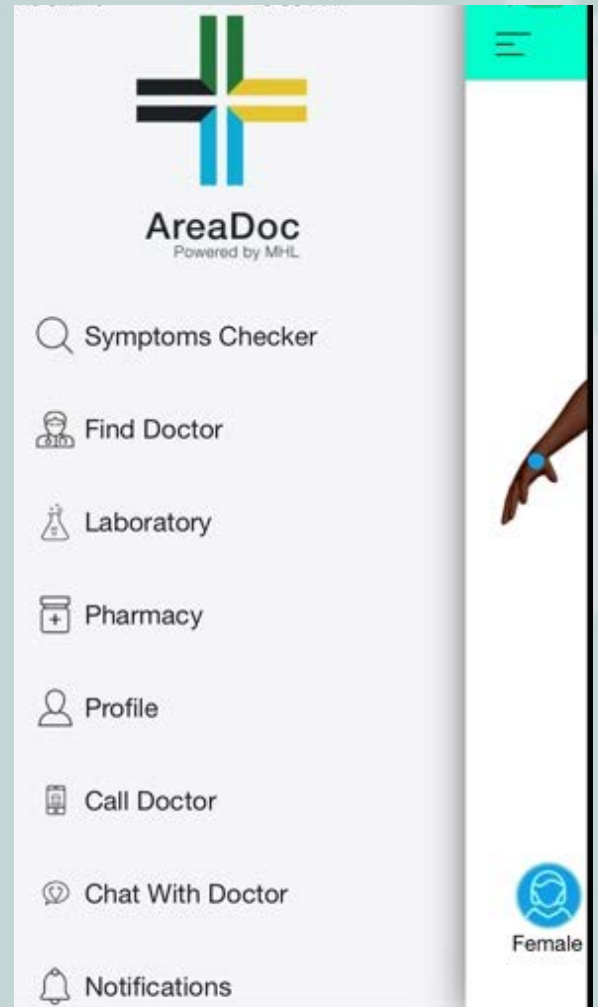
AreaDoc (AD) is a smart mobile healthcare app driven by the need to provide quality healthcare solutions to everyone irrespective of time, location and situation. Just by clicking away on this unique mobile health solution, you can get second opinion, you can ask all your health-related questions and control emergency situations in a matter of minutes any time, any day. Talk about putting your health in your hand, with AD App you are strategically empowered to prevent unnecessary panic. Through the symptoms checker, you can navigate your way to some provisional diagnoses. Taking it further, you can choose to chat or call a doctor for further clarifications.

**Throughout the whole year, AreaDoc has a record of 104 encounters with clients , 231 blood tests investigations done, more than 42 virtual consultations.**

**We have also recorded 42 home visits for clients. We are extremely grateful to all our clients who made this records possible and we hope to reach out to more people next year 2024.**

Our AD app provides you with all services such as booking appointments with physicians, free health advice,online prescription, patient referral program, online prescription, security and confidentiality, patient care, follow ups, booking test investigations and lots more.

**To register and use our service anywhere inn Nigeria, you can easily call or send a message to 0903 578 0321.**



## FEATURES:

- Free Health Advice
- Virtual consultation
- Online Prescription
- Patient Referral Program
- Order Tests
- Doctor home visit
- Home medication delivery
- Home visit blood sample collection
- Medication review over the phone



# MEDICAL SCREENINGS



Our flagship project in MHL is the screening of Non-Communicable Diseases (NCD) across genders and all ages. We have innovated around screening in Nigeria and we have had palpable impacts. This year we have carried out screening programmes across various states in Nigeria. Earlier on in the year, we screened over **18,500** people in Lagos State alone. We screened against, Breast Cancer using BREAST-i device, Cervical cancer, Prostate Cancer, Eye problems, Diabetes, Hypertension, Retroviral disease and more.

NCD encompass a range of chronic conditions that tend to progress slowly over time. These include cardiovascular diseases (such as heart disease and stroke), cancer, respiratory diseases (like chronic obstructive pulmonary disease), and diabetes, among others. They are usually long-lasting and often require ongoing management and care.

Several factors contribute to the development of NCDs. Unhealthy lifestyle choices, such as a lack of physical activity, poor nutrition, tobacco use, and excessive alcohol consumption, significantly increase the risk of NCDs. Additionally, genetic predisposition, environmental factors (such as pollution and exposure to harmful substances), and socioeconomic factors can influence the likelihood of developing these diseases.

Timely detection and screening can lead to the early identification of NCD and a great chance to be cured and prevents complications. Regular medical check-ups, screenings aid early intervention and management. We encourage our clients to get checked every year during their birthday.

**You can book your screening today at the convenience of your home through our AreaDoc project listed above or call 09035780321.**

# ADVOCACY AND COMMUNITY ENGAGEMENT

There is a huge gap in community knowledge of important health issues especially in the areas of non-communicable diseases (NCD). MHL is an advocate for prevention of NCDs.

In 2023, we were able to impact over 10,000 people through various media on importance of cancer screenings especially breast, cervical and prostate screening.



Working with various partners and media, we create opportunities to enlighten the public on various conditions and diseases that are of public health interest.

Non-Communicable Diseases has been on the rise. Heart disease, kidney diseases,



In order to create awareness on these preventable conditions, our team engage the public on preventive measures via radio stations, TV stations, religious organizations, corporate organizations and massively through our social media handles.

We also work with various NGOs and organizations on community engagement programmes to enlighten the public

Our strategy is not just through clinical approaches but also via non-clinical community engagement and **Quality improvement programmes** through training.

This way, trained participants become ambassadors of CHD advocate.

Team MHL also advocated for screenings of all Non-Communicable diseases which include breast, cervical, prostate, cardiovascular and blood glucose screenings & tests, we put the screenings at discounted rates and ran promos to the masses.

We plan to move up the numbers from our current 10,248 lives to 30,000+ in the new year!



# PREPARING FOR A PROJECT

Preparing for a project can naturally be challenging. At MHL, our strength ensuring a successful outcome include planning ahead, and training of staff and volunteers.

Getting our plan and budget right before deployment is key! We coordinate with various teams and stakeholders, the journey from conceptualizing a project to successfully execution involves substantial effort and commitment.

MHL makes this easy by putting together an SOP that we have to follow.



# **SOME OF OUR TRACK RECORDS**

**We are privileged to be working with some of the most well-known healthcare brands and organizations, and we don't take this lightly**

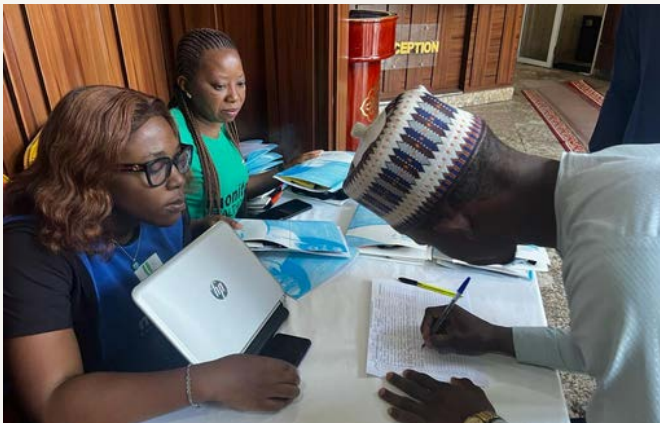
# 1. BLS TRAINING IN BORNO STATE



Borno State is one of the states badly affected by the Boko Haram insurgency in Nigeria. There has been a lot of casualties and the state government is keen on improving the quality of care received by the people. Basic Life Support (BLS) was one of the plans to empower the healthcare workers in the state with the view of improving the quality of care delivered. Attendees were trained on effective CPR, managing choking, how to use Automated External Defibrillators safely and positioning patients in recovery positions.



Similar to our work in other states, we have worked with the Health Management Board led by the CMD (Prof. Kolima) and other members of the planning committee to put together a workable logistic despite the complexity involved. The feedback from the training shows a great impact in skill gained.



We have the honour of the SA Health to the presidency (Dr. Salma Ibrahim Anas) and the Deputy Governor of the state to flag the training.

We had 2 days of impactful learning for 150 frontline workers in the state. The process of bringing these hardworking staff to Maiduguri was rigorous in view of the concerns around security issues in the area. The Basic Life Support training was delivered to all registered staff from 27 local government areas. Some had to rush back for time because of security alert!



## 2. FIRST AID TRAINING FOR AXA MANSARD NIG



MHL work with various organizations to meet their training needs. As part of our work in this space, we have worked with multiple health oriented organizations such as Axa Mansard.

We carried out a day of First Aid training for frontline officers for Axa Mansard. It was a well planned and structured training.

Our engagements normally start with need assessment where we work with the training lead in organization. Then setting the training modules to bridge the knowledge gaps identified.



Following the training, we offer international certifications and support the organization in further need assessment and audit of impact. Our training is well sought after and we are keen to engage more partners or organizations that value trainings in impacting their productivity.

Our First Aid training is unique and it well structured to identify and bridge knowledge gap appropriate to the needs of your team. We have packages for different groups depending on needs e.g, the modules for First Aid in estate is not same as First Aid in an organization although, there are overlaps.

Please visit our website- [www.monitorhealthcare.com](http://www.monitorhealthcare.com) or google Monitor Healthcare Ltd to see the different training modules and feedback from participants.

# 3. QUALITY IMPROVEMENT TRAINING NATIONAL ORTHOPAEDIC HOSPITAL IGBOBI

Our Quality improvement/Quality Assurance programme aims at either setting up or supporting organizations in providing quality services to their clients/patients.

We are working with the Management of Igbobi National Orthopaedic Hospital on some QA/QI projects. The impact is palpable and the feedbacks are great!

Quality care goes beyond the building and structures, human resource activities and approach are key when it comes to the quality we deliver. There is a need to improve on our ways of caring for our patients to be able to deliver care tailored to our patients need. Our experience shows there is a big gap in our approach and processes.



We Minister for State on Health Dr. Tunji Alausa's visit and inspection during one of our training in NOIL.

It starts with initial assessment of our clients processes and feedback - this is a form of need assessment and recommendations. On the bases of our findings from a metric assessment system, we recommend and agree with the organization on areas of need. We then make plans to support improvement. Some of the processes involve, management interview, staff interview and users interview.

A rigorous but useful processes.

The processes of QI/QA from MHL will include but not limited to: focused trainings on topics based on our need assessment.




Our work has been in the area of improving attitude, change culture and building processes that bring trust and is backed up with feedback, learning and improvement.


We look at patients need and train on how to deliver care tailored to patients need by making our patients our partner.



# 4. AGEGE CONSTITUENCY MEDICAL MISSION


## Summary report Agege Medical Mission 2023


6   
SCHOOLS

9,442   
PERSONS SCREENED

10,000   
ON-AIR MESSAGES

4   
COMMUNITIES

442   
DENTAL ABNORMALITY

381   
HIGH BLOOD PRESSURE

200   
HIGH BLOOD SUGAR

2,003   
CHILDREN DEWORMED

822   
BASIC TREATMENT



Our goal is to work with local and international partners to deliver healthcare at an affordable rate and in style. We work with Federal Government parastatals to deliver medical mission to communities. We have delivered impactful medical outreaches to at Agege Lagos Federal Constituency providing health screening to over 10,000 residents!

Free medical tests for HIV, blood sugar level, blood pressure, breast screening and cervical screenings, dental check and deworming for children were provided for all who were present for exercise. Health counselling alongside free consultation with medical doctors and free prescriptions afterwards was carried out for all. Over **10,000** persons were reached via on-air messages.

A total of four sites in Agege communities were used for the outreach and 6 schools for dental and deworming exercises.

The impact of this exercise was palpable, people with abnormal screening reports were treated and follow up arranged for some in local hospitals and clinics.

Positive patients were referred to tertiary care for further assessment and care. We also had to follow up via phone calls and text messages which proved successful.

MHL is known to work on collaborations like this to bring impactful and innovative care to communities. We have worked in Surulere and other constituencies across the state.



# SOME OF OUR COMPLETION & RECOMMENDATION LETTERS

68 NARHY/G1/300/105

**68 NARHY**  
Nigerian Army Reference Hospital  
Miyang Barracks  
Yaba, Lagos  
Email: 68narhy@afrh.com  
Tel: 0887346627, 0709615195

The Managing Director  
Monitor Healthcare Limited  
294A Surulere Way  
Dolphin Estate  
Ikoyi, Lagos

14<sup>th</sup> July 2022

**CERTIFICATE OF JOB COMPLETION**

1. This is to certify that your company, Monitor Healthcare Limited carried out Basic Life Support Training for staff of 68 Nigerian Army Reference Hospital, Yaba, Lagos State. The training was delivered in two sessions on 13 and 18 June 2022.

2. It was delivered according to scope in proposal letter and the impact on the staff was high. The training was executed in line with international regulations and standard and hereby certified highly satisfactory. Please accept the esteemed regards of the Chief Medical Director.

**AS AYENI**  
Colonel (Dr)  
for Acting Chief Medical Director

**NATIONAL ORTHOPAEDIC HOSPITAL,  
IGBOBI, YABA, LAGOS.**

Head of Hospital  
**DR. YUNSI ALAKRA, M.D.**

Medical Director  
**DR. M. E. ALIMI**  
MBBS, FWCS, FRC Ortho

Head of Administration  
**CHIEF MEDICAL OFFICER, B. (M.B.B.S.)**  
SALED, MPH, N.S. ANNA, FJMS&S

Full Postal Address  
P. M. B. 2088, Lagos, 101212, Lagos  
101214, Ikota Road, Lagos, Lagos

Website: www.noh.gov.ng  
Email: info@noh.gov.ng  
noh@noh.gov.ng  
nohlagos@noh.gov.ng

Telephone: 01-275-5000

The Managing Director,  
Monitor Healthcare  
294 A Surulere Way,  
Dolphin Estate,  
Ikoyi Lagos State.

**JOB COMPLETION CERTIFICATE**

This is to certify that Monitor Healthcare has successfully completed the contract for the training of Thirty (30) members of staff on Basic Life Support in the National Orthopaedic Hospital, Igbobi, Lagos.

The contract details are stated below:  
Date Awarded: 23<sup>rd</sup> January, 2023  
Date Started: 30<sup>th</sup> January, 2023  
Date Completed: 31<sup>st</sup> January, 2023  
Contract Sum: ₦1,225,500.00  
Status of Contract: 100 Completed

Thank you.

**G. O. OGUNSI**  
FOR: Medical Director

Telephone Nos: 0709877777, 0709873777, 0709872222, 0709873444.

MHL/G1/300/121

**Military Hospital Lagos**  
18 Awolowo Road  
Lagos  
E-mail: mhl.lagos@yahoo.com  
mhl.hospital@army.mil.ng  
Tel: 09062438821, 09062438800  
09062438804

THE MANAGER,  
MONITORHEALTHCARE LTD

9 March 2023

**LETTER OF APPRECIATION FOR TRAINING OF PERSONNEL ON THE USE OF AED AND ACKNOWLEDGEMENT OF RECEIPT OF FUNCTIONAL AED PAD**

This is to acknowledge the receipt of a functional AED PAD your company supplied to this institution and appreciate your company for training our personnel on the use of AED. Your time and commitment are well appreciated by the management of this hospital and we look forward for future partnership with your company.

Please accept my high esteem regards. Thank you.

**AE OYEBANJI**  
COL  
Ag CMD

**NATIONAL ORTHOPAEDIC HOSPITAL,  
IGBOBI, YABA, LAGOS.**

Head of Hospital  
**DR. YUNSI ALAKRA, M.D.**

Medical Director  
**DR. M. E. ALIMI**  
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noh@noh.gov.ng  
nohlagos@noh.gov.ng

Telephone: 01-275-5000

The Managing Director,  
Monitor Healthcare Ltd.  
294A Surulere Way,  
Dolphin Estate,  
Ikoyi - Lagos State.

**JOB COMPLETION CERTIFICATE**

This is to certify that Monitor Healthcare Ltd. has successfully completed the contract for the training of Forty-five (45) members of staff on Quality Improvement with CPD UK certificates (Modules) in National Orthopaedic Hospital, Igbobi, Lagos.

The contract details are stated below:  
Date Awarded: 8<sup>th</sup> October, 2023  
Date Started: 20<sup>th</sup> October, 2023  
Date Completed: 28<sup>th</sup> October, 2023  
Contract Sum: [REDACTED]  
Status of Contract: 100% Completed

Thank You

**G. O. Ogunsal**  
For: Medical Director

**AFE BABALOLA UNIVERSITY MULTI-SYSTEM HOSPITAL**  
Km 8.5, Afe Babalola Way, Afe Eke, Epe State, Nigeria  
Website: www.afebabalola.edu.ng  
Tel: +234 806 801 800, +234 806 749 876, +234 806 201 891, +234 806 812 768, +234 806 818 887. Email: afe@afebabalola.edu.ng

2<sup>nd</sup> November 2023

To Whom It May Concern

**TRAINING COMPLETION AND RECOMMENDATION LETTER**

This is to certify that Monitor Healthcare Limited successfully trained 207 of our healthcare staff on Healthcare Quality Improvement, from the 16<sup>th</sup> to 17<sup>th</sup> October 2023.

Six (6) Quality Improvement Modules were selected to suit our peculiar needs. Three modules were delivered on each day for two days.

It was an impactful training with positive feedback.

Based on the outcome of the training, I am pleased to recommend Monitor Healthcare Limited for similar pieces of training.

Should you have any questions or require further information, please do not hesitate to contact us.

**Dr. Kolawole OGUNDIPE, MBBS, FWACS (Plast Surg), Ph.D., MAAPL, FCRSA, FSM**  
Chief Medical Director  
cmd@abud.edu.ng  
+234 806 018 6037

**CareOne**  
...improving healthcare

To Whom It May Concern.

**RECOMMENDATION LETTER**

This is to confirm that Monitor Healthcare Limited successfully carried out Quality Improvement and Clinical Governance training for 104 staff of CareOne-Longing Hospital and CareOne-Aniyun Hospital. Both clinical and non-clinical staff in the two Hospitals were trained.

The trainings cut across 15 Quality Improvement topics for 3 days each at each of the hospitals. Topics were suggested by Monitor Healthcare Ltd on the basis of our Quality Improvement needs.

Monitor Healthcare Limited showed great commitment, passion, dedication, and a high level of professionalism in delivering this highly interactive and impactful training within the scheduled time.

The result of the completion of the project is commendable and I am pleased to recommend Monitor Healthcare Limited as top-notch in Quality Assurance Assessment and training.

Our work with the organization is still ongoing as we believe in their suggestion of continuity.

**Dr. Segun Ebitanmi**  
MD/CEO CareOne Digital Hospitals

+234 912 105 2525  
24 Chief Albert Iyora Str,  
Off, Admiralty Way, Lekki,  
Lagos, Nigeria.  
www.careone.ng  
info@careone.ng

**FEDERAL MEDICAL CENTRE  
EBUTE-METTA**

Head of Hospital  
**DR. YUNSI ALAKRA, M.D.**

Medical Director  
**DR. M. E. ALIMI**  
MBBS, FWCS, FRC Ortho

Head of Administration  
**CHIEF MEDICAL OFFICER, B. (M.B.B.S.)**  
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Email: info@fmc.gov.ng  
fmc@fmc.gov.ng  
fmc\_lagos@fmc.gov.ng

Telephone: 01-275-5000

Ref No: FMCEB/PROC/JC/2023

4<sup>th</sup> July, 2023

The Managing Director,  
Monitor HealthCare Limited,  
294 A Surulere Way,  
Dolphin Estate, Ikoyi,  
Lagos State.

**RE: REQUEST FOR PROJECT COMPLETION CERTIFICATE**

**RE: AWARD OF CONTRACT FOR MEDICAL MISSION IN AGEFE FEDERAL CONSTITUENCY OF LAGOS STATE**

This is to acknowledge receipt of your letter dated 3<sup>rd</sup> July, 2023 on the above subject matter and to inform you that Management of the Hospital has certified the Completion of the Contract for MEDICAL MISSION IN AGEFE FEDERAL CONSTITUENCY OF LAGOS STATE to your company through our office letter.

REF: FMCEB/PROC/MMFC/2022/10 dated 0<sup>th</sup> February, 2023 at a total contract sum of [REDACTED].

Congratulations and kindly accept our assurances of our highest regards.

**AFOLABI ILEGEMI A.O (MBS)**  
HEAD OF PROCUREMENT  
FOR: MEDICAL DIRECTOR

# REVIEWS/TESTIMONIALS



I am delighted to share a positive review of the Basic Life Support (BLS) training conducted by the "Monitor Healthcare Team" at Medmina College Ibadan. The training proved to be highly beneficial for both the staff and students, as it provided them with essential knowledge and practical skills in life-saving techniques.

The theory sessions were comprehensive and engaging, covering various aspects of BLS, including CPR, choking management, and the use of automated external defibrillators (AED).

The instructors from Monitor Healthcare were highly knowledgeable and effectively conveyed the information, ensuring that everyone understood the concepts clearly.

However, what truly set this training apart was the hands-on experience provided. The participants had the opportunity to practice BLS techniques on mannequins, simulating real life scenarios. This practical aspect allowed them to gain confidence in their abilities and reinforced the theoretical knowledge they had acquired. The impact of this training cannot be overstated. Both the staff and students now possess lifesaving skills that can be applied in critical situations. Whether it be within the school premises or outside, they are now equipped to provide immediate assistance should an emergency arise.

This knowledge will undoubtedly prove valuable throughout their lives, potentially making a significant difference in saving lives. I would like to commend Monitor Healthcare for their professionalism and dedication in

conducting this training. Their expertise and passion for teaching were evident throughout the sessions, creating an environment conducive to learning and skill development. It is reassuring to know that such competent individuals are committed to equipping our school community with the necessary skills to respond effectively in emergency situations.

Muhammad Abdallah (PhD), Head, HR & Admin, Medmina College, Ibadan



I am Mrs Motunrayo Joy-Fam Olafusi. The specialized health care training from Monitor Healthcare is one of the best experiences I had this year. At first, when they came to my institution to train, I had the mindset that it will be one of those boring trainings and ones forgotten in a jiffy but I was all wrong, Dr Femi Ogunremi taught every bit of the modules with an experiential knowledge and understanding that quickly resonates and settles within his trainees, bringing about great depth of imagery that cannot be forgotten in a while and I must say that I still carry a vivid knowledge of all I learnt into practice at all times while dealing with our patients. God bless Monitor Healthcare, Keep thriving.

My experience with Monitor healthcare limited was very educative. It equipped me with knowledge relevant to healthcare in the facility and promoting professional development. This training enhanced the quality of patient care, improved efficiency in healthcare processes, and ensured compliance with facility standards and regulations. It also helped in understanding of emerging technologies, healthcare practices, and the overall dynamics of the healthcare system~ **AYANFE**



I have taken this course through different platforms online many times but I joined this through a close friend and it was worth it. I must say Dr. Ogunremi was way better than other instructors I've experienced. It was extremely informative. And he made the course so relatable to real-world situations. I feel both competent and comfortable with the skills I learned. I would definitely take the course and any other again, as long as it's from MONITOR HEALTHCARE LTD because I trust them to deliver! ~ **OMITIRAN**

My experience which I will tag "RISE TO KNOWLEDGE A MUST". It has been from one added knowledge to another with insightful and power packed courses. I must say the technique in lectures are great are well ditched out.

Can't wait for further exploration. ~ **STELLA**



I can't stop appreciating everyone in Monitor Healthcare for making my training a memorable one. I can attest to the fact that no knowledge gained here is a waste. Thanks for making my venture into caregiving worthwhile. ~ **OLGA**

The Masterclass on healthcare quality improvement is a MUST for every organization because the ability to initiate and deliver effective cardiopulmonary resuscitation skills can prevent cardiac arrest and restore quality of life. The Monitor Healthcare Ltd has always made a difference in imparting a great deal of knowledge to participants. Keep on moving and do not stop; the sky is your stepping stone. Thank you ~

**OLUSINA**

Great teaching with absolute clarity. The Master class has been a lot helpful in my practice. Thank you so much DFO, for being so dexterous. ~ **CHAMPION**

An educating and inspiring session. ~ **OLANIYAN**

The training was an excellent refresher on the latest best practice procedures for basic life support, the recovery position and a choking person. There were quite a handful of updates to what I learned 10 years ago with St. John's Ambulance training in the UK. The best part of the remote session is the availability of the training video clips on YouTube to allow me to access the video for a refresher at any time. I would rate the training 4.5 out of 5. ~ **AKOMOLAFE**

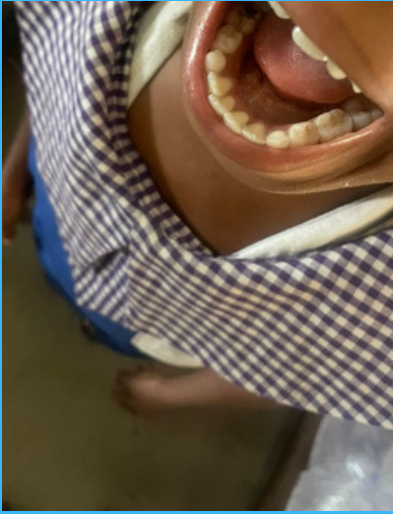
Dr Femi and the Monitor Healthcare LTD family are doing a great job at improving the quality of healthcare services in Nigeria and beyond. ~ **BAMIDELE**

My training experience with the MHL team was beyond wonderful. I recommend them for everyone who has plans to venture into healthcare, because of the model of teaching and the awesome patience of the tutor I can barely forget all I was taught. Thank you MHL (**NYOKO MAJEBI (Caregiver now in the UK)**)

The story of my journey to the U.k working as a HCA today is incomplete without Dr Femi Ogunremi and the monitor health care team. I am grateful for the practical and insightful trainings I received and also the tremendous support who has helped me in my job search, Thank you Doc, thank you Monitor healthcare **BAMIDELE (Caregiver now in the UK)**



# GALLERY 1





# GALLERY 2



GALLERY 3



GALLERY 4



**GALLERY 5**



# TOWARDS A GREATER 2024



*As we reflect on the past 12 months, we're immensely proud of the lives we've touched, the knowledge we've shared, and the progress we've made. But this is just the beginning. With your continued support, we're committed to pushing boundaries, exploring new horizons, and leaving an indelible mark in healthcare.*

***TO A GREATER, BIGGER AND BETTER 2024.***

# Our Partners



# Healthcare for Everyone anywhere anytime!



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drfemi2000@monitorhealthcare.com



**We are social:**  
Twitter: @monitorhealthca  
IG: @monitorhealthca\_  
Facebook: @monitorhealthcareltd  
Linkedin: @monitorhealthcareltd